

1

00:00:00,000 --> 00:00:13,200

I think people want to reach the other side because it proves that there is another world.

2

00:00:13,200 --> 00:00:18,560

The first way to look at a dream is literal. Take it seriously. And if you don't understand

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00:00:18,560 --> 00:00:19,560

it, long it over.

4

00:00:19,560 --> 00:00:26,560

I thought everybody saw Spirit and Auras until later in life. I was told not everybody sees.

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00:00:30,960 --> 00:00:38,160

From the boundaries of the universe, with the depth of your soul, embark on a journey

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00:00:38,160 --> 00:00:45,280

through the unknown and unexplained as we explore mysteries, magic and miracles.

7

00:00:45,280 --> 00:01:00,960

Hello and welcome. I'm Patrick McNeigh. Today we'll probe into the unconscious mind through

8

00:01:00,960 --> 00:01:07,960

the world of dreams and we look into spirits that revisit this world. But first, Jim and

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00:01:07,960 --> 00:01:16,240

Susan will take us on a journey to the world beyond through a sales.

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00:01:16,240 --> 00:01:23,440

Reaching the world beyond is a mystery to some and a solution to others. Could a sales

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00:01:23,440 --> 00:01:29,920

be a second chance to resolve lingering conflicts with the dead?

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00:01:29,920 --> 00:01:36,720

Our fascination with death and the hereafter stems from various instances, from seeing

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00:01:36,760 --> 00:01:43,760

ghosts to living through near death experiences. Some people feel the need to know more about

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00:01:43,760 --> 00:01:49,840

the mysterious world of the spirits. Rose Clifford and Mark Edward are two well-known

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00:01:49,840 --> 00:01:54,960

mediums who help people to contact spirits in the other world.

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00:01:54,960 --> 00:02:01,800

I think people want to reach the other side because it proves that there is another world.

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00:02:01,800 --> 00:02:08,080

I think that in the world we live in, people want to escape. They want answers to questions.

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00:02:08,080 --> 00:02:15,080

Spirits of ancestors, I call you forward, let my words go forth and let us know you are

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00:02:16,080 --> 00:02:18,880

here.

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00:02:18,880 --> 00:02:23,480

So all kinds of things can happen in a sales. You can have physical phenomena with things

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00:02:23,480 --> 00:02:30,480

moving or spirits appearing, noises, apports, things appearing, materializations.

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00:02:35,720 --> 00:02:41,400

People have various reasons why they consult mediums. Some hope to communicate with their

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00:02:41,400 --> 00:02:46,600

loved ones to be reassured that they still exist.

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00:02:46,600 --> 00:02:53,600

You have a gentleman who comes and he has a beard. He was bearded. I feel him standing

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00:02:54,080 --> 00:02:59,160

behind you. His name was Christopher, I feel.

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00:02:59,160 --> 00:03:05,720

There are two ways in which spirits communicate through mediums. One way is mental contact,

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00:03:05,720 --> 00:03:11,080

which is known as clairvoyant mediumship. A group of people will come together to form

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00:03:11,080 --> 00:03:16,080

a spirit circle. It usually entails short messages from spirits.

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00:03:16,080 --> 00:03:23,080

Now the name Mariette is coming from an age long spirit. Marien or Mariette. She belongs

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00:03:27,040 --> 00:03:34,040

to somebody here. I see the face of the spirit coming from the other side. Sometimes I don't.

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00:03:35,040 --> 00:03:42,040

It's a voice I hear telling me who they are. I don't think they enter the body. They enter

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00:03:42,040 --> 00:03:48,360

your consciousness. I can't see because the spirit is not physical. I feel the connection

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00:03:48,360 --> 00:03:53,360

comes here in the mind.

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00:03:53,360 --> 00:03:59,880

The most spectacular form of communication with the spirits is trans-sitting. The medium

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00:03:59,880 --> 00:04:06,880

acts as a channel for the spirit literally taking over the persona of the deceased person.

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00:04:07,840 --> 00:04:11,320

Charles are you in this room with us now?

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00:04:11,320 --> 00:04:18,320

Well that's a very specific area of mediumship and it's not to be used generally because

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00:04:19,800 --> 00:04:24,520

it's quite dangerous for the medium. One simple thing, you're not supposed to be touched

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00:04:24,520 --> 00:04:29,760

when you're in a trans state. So and you have to have people there who know what's

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00:04:29,760 --> 00:04:33,800

happening because you are not in control of it.

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00:04:33,800 --> 00:04:39,520

Although Mark deals with the more entertaining side of seos, there is still more to it than

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00:04:39,520 --> 00:04:41,440

meets the eye.

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00:04:41,440 --> 00:04:48,440

We will try to cross the ethereal path and to reach the other side. The other world,

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00:04:48,440 --> 00:04:53,440

which I believe is parallel to ours, offers this idea that well maybe there's something

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00:04:53,440 --> 00:04:55,440

else.

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00:04:55,440 --> 00:05:02,440

Charles, will you speak through me to the group?

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00:05:04,840 --> 00:05:11,840

He says, Patricia, I forgive you. I think after a seance people are in a trans state

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00:05:18,440 --> 00:05:25,440

empowered to maybe accept life more.

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00:05:25,440 --> 00:05:30,440

The guardian spirit is a concept that has been with mankind since the beginning of time.

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00:05:30,440 --> 00:05:36,560

The Chinese called it the great person. The Hindus know it as the chosen god and the Greek

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00:05:36,560 --> 00:05:42,600

mystics knew it as the luminous self. More recently, the idea of the guardian spirit

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00:05:42,600 --> 00:05:45,720

is known as the silent master.

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00:05:45,720 --> 00:05:55,000

I can see how we could manage route a guiding spirit. Yes, each one has them. Whether we

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00:05:55,360 --> 00:05:58,200

listen to them or not, that's another thing.

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00:05:58,200 --> 00:06:04,840

If you believe that death is the end, the seance could change your mind. Fear of death can be

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00:06:04,840 --> 00:06:11,200

released once we realize that death is merely an ongoing part of our spiritual lives. We

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00:06:11,200 --> 00:06:17,520

cannot bring back the dead. Perhaps a seance though opens the possibility of life after

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00:06:17,520 --> 00:06:22,920

death. We could still communicate with them. We just have to go about it in a different

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00:06:22,920 --> 00:06:29,920

way.

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00:06:29,920 --> 00:06:36,920

Sold at most toy stores, the Ouija board might look like a harmless game, but some believe

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00:06:41,320 --> 00:06:46,880

it can have serious implications. Those who have used it as a channel to contact spirits

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00:06:46,880 --> 00:06:53,360

believe in its abilities, but many claim there is danger in allowing spirits with evil intentions

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00:06:53,360 --> 00:06:59,640

to enter. While answers to your questions can be a simple yes or no, there are times

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00:06:59,680 --> 00:07:06,680

when names and dates are spelled out. Maybe it's mine never matter. Maybe it's not.

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00:07:09,880 --> 00:07:15,280

At night, when our subconscious mind takes over, a delicate and intricate network of

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00:07:15,280 --> 00:07:22,280

dreams are woven. Their hidden meaning can be revealed, but you must first remember them.

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00:07:23,280 --> 00:07:27,600

Whether you know it or not, or even if you like it or not, every time you close your

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00:07:27,640 --> 00:07:34,640

eyes, you dream. As human beings, we dream because that's what nature intended. We cannot

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00:07:35,400 --> 00:07:42,400

not dream. Dogs dream, cats dream, elephants dream, even whales dream. But why do we dream?

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00:07:44,640 --> 00:07:51,640

According to Dr. Arthur Bernard, we dream to wake up to a greater mind. What's the first

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00:07:51,640 --> 00:07:58,640

way to look at a dream? The first way to look at a dream is literal, in the sense that

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00:08:01,280 --> 00:08:08,280

the dream may say exactly what it's saying and nothing more. So if you have a dream of

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00:08:08,280 --> 00:08:14,400

hitting the lottery and you see the six numbers, don't go any further, because fortunes have

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00:08:14,400 --> 00:08:21,400

been made this way. I asked Dr. Bernard to explain what the most important aspect is when conceiving

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00:08:21,880 --> 00:08:28,880

one's dream. Take it seriously. And if you don't understand it, mull it over, over, over.

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00:08:30,160 --> 00:08:35,680

But the most important aspect is the feeling you have in the dream. Klein and mine had

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00:08:35,680 --> 00:08:40,680

a dream, he was walking down the street, something tapped him on the shoulder, he turned around

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00:08:40,680 --> 00:08:47,680

and it was death. Black, clipped, black, hurt his skull and he woke up terrified. And he

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00:08:47,880 --> 00:08:51,680

hadn't been feeling well, so he went to the doctor and doctor said, sure enough, medication

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00:08:51,680 --> 00:08:56,040

I've been giving you is having a violent reaction and it's good that you came in, you could

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00:08:56,040 --> 00:09:01,720

have died from this. People often talk about the power of dreams. How dreams can guide

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00:09:01,720 --> 00:09:07,320

you or help clarify questions or thoughts. But can an individual make their dreams help

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00:09:07,320 --> 00:09:13,040

themselves or heal themselves? They could try, they could try and get healing information.

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00:09:13,040 --> 00:09:17,280

The Greeks had dream temples in which they went there and they spent two months and they

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00:09:17,280 --> 00:09:22,560

prepared themselves to have these healing dreams. And these temples lasted for a thousand

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00:09:22,560 --> 00:09:29,560

years and we have writings, inscriptions and people were actually healed in their dreams.

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00:09:29,720 --> 00:09:34,520

I wondered then if there could be a direct correlation between one's dreams and one's

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00:09:34,520 --> 00:09:40,800

physical body. Oh absolutely, there's a close connection. Dreams relate to every aspect of

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00:09:40,800 --> 00:09:45,800

the human body and human behavior and the emotional system.

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00:09:45,800 --> 00:09:52,800

Dr. Bernard holds frequent workshops to awaken the healing power in dreams. The workshops

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00:09:53,000 --> 00:10:00,000

focus on group dream interpretation and actualizing the dream. I shared a repetitive dream I'd

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00:10:00,000 --> 00:10:06,160

had since childhood. Well actually my dream is sort of like the movie The Body Snatchers

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00:10:06,160 --> 00:10:11,080

prior to the movie and it scares me so I leave the house and I go to my neighbors and my

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00:10:11,080 --> 00:10:15,680

neighbors are not really my neighbors even though they look like it. After I explained

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00:10:15,680 --> 00:10:21,520

my dream, the other participants took on the dream as if it were their own. They shared

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00:10:21,520 --> 00:10:28,520

how they felt in my dream. The next day workshop participants returned and paint their dreams.

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00:10:29,160 --> 00:10:33,160

Dr. Bernard showed us some of the images other dreamers created.

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00:10:34,160 --> 00:10:41,160

This is a woman who asked her dreams why she was so lonely and she had this dream in

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00:10:42,520 --> 00:10:48,760

which she was in a beautiful situation, a cave, as the group worked on the dream in

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00:10:48,760 --> 00:10:55,760

related to the need of self-love. This was a dream man who had a lot of fear and of

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00:10:56,840 --> 00:11:02,760

course he dreams of a lion and the dream was trying to get him in touch with his, well

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00:11:02,840 --> 00:11:09,840

what does a lion stand for? King of the jungle! A lion stands for courage.

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00:11:11,920 --> 00:11:18,920

Is it true that people can have psychic dreams? People can have psychic dreams because at

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00:11:19,120 --> 00:11:26,120

some level in the mind there's no time. All time is occurring at that moment. We were

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00:11:26,120 --> 00:11:33,120

sleeping, we were real great psychics. See the subconscious mind knows more, it sees

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00:11:33,160 --> 00:11:40,160

more. It's like how do you explain the phenomenon? A woman dreams that her son was killed in Vietnam.

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00:11:40,200 --> 00:11:45,320

He stepped on a landmine and he was killed. Three days later she gets a notice from the

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00:11:45,320 --> 00:11:52,320

army that her son was killed in Vietnam. Now how could the mind see that thousands of miles

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00:11:52,400 --> 00:11:59,400

away? The reason is that your mind is not just confined to your brain, it's a giant field.

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00:12:02,400 --> 00:12:09,400

There are clairvoyant dreams and there are telepathic dreams and we just can see, we

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00:12:09,680 --> 00:12:14,920

see greater distances in dreams. Some people can do it when they're awake. We're just

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00:12:14,920 --> 00:12:17,920

all more psychic when we're sleeping.

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00:12:22,320 --> 00:12:29,320

So how do you remember your dreams the next morning?

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00:12:31,480 --> 00:12:35,360

Tell yourself when you go to sleep you're going to remember dreams and when you wake

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00:12:35,360 --> 00:12:41,240

up lie still. Don't jump out of bed and say what am I going to do today or what's coming

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00:12:41,240 --> 00:12:47,600

up. Just lie there quietly, keep your eyes closed and say to yourself what was I dreaming?

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00:12:47,880 --> 00:12:53,880

Some people don't remember their dreams because they don't take them seriously. They don't

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00:12:53,880 --> 00:12:58,160

feel they're important. I think women are more closer to the dream where women take

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00:12:58,160 --> 00:13:05,160

their internal feelings more seriously. After we shared our dreams Dr. Bernard hypnotized

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00:13:06,000 --> 00:13:08,000

us.

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00:13:08,000 --> 00:13:15,000

Tonight this wisdom all knowing portion of your mind will send you a dream.

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00:13:18,600 --> 00:13:25,600

That will help bring the healing that your inner heart desires.

123

00:13:26,920 --> 00:13:33,920

Wherever your subconscious mind takes you tonight sweet dreams.

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00:13:40,800 --> 00:13:46,240

Each of us can be considered a ripped van winkle idling away precious hours every night

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00:13:46,240 --> 00:13:52,800

sleeping. Although he went to the extreme sleeping for 100 years a 70 year old person

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00:13:52,800 --> 00:13:58,920

sleeping an average of 8 hours a night has spent almost a third of life sleeping. In

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00:13:58,920 --> 00:14:04,480

other words a grandmother has spent as much time sleeping as her college age grandchild

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00:14:04,480 --> 00:14:11,480

has lived. Of this time 7 straight years day and night is spent dreaming.

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00:14:12,480 --> 00:14:19,480

While some spirits are at peace others return to haunt their previous dwellings. Hauntings

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00:14:20,160 --> 00:14:27,160

can be innocent and brief but there are those which include ongoing apparitions, noises

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00:14:27,520 --> 00:14:31,480

and moving objects.

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00:14:31,480 --> 00:14:36,960

Hollywood has given us our fair share of demons, exorcisms and hauntings. In real life however

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00:14:37,040 --> 00:14:41,540

there are stories that make these movies seem pale in comparison.

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00:14:41,540 --> 00:14:46,980

Harry Shepard is a da haunter or as he likes to call it a spirit investigator. His everyday

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00:14:46,980 --> 00:14:50,680

life deals with ghosts and spirits.

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00:14:50,680 --> 00:14:56,080

Well since I was 5 years old I've been able to see them. I thought everybody saw spirit

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00:14:56,080 --> 00:15:03,080

and auras until later in life. I was told Harry what you and I see not everybody sees.

138

00:15:03,920 --> 00:15:08,720

To me it's a natural thing. It's natural.

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00:15:08,720 --> 00:15:13,040

An inborn instinct of fear anything we cannot explain has made us suspicious of any strange

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00:15:13,040 --> 00:15:16,440

phenomenon especially ghosts.

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00:15:16,440 --> 00:15:21,040

To accept the unknown, to accept something that you can't see is quite difficult in this

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00:15:21,040 --> 00:15:26,200

culture. All of our culture and all of our social life we're taught if we can't eat it,

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00:15:26,200 --> 00:15:29,400

kill it or destroy it, it isn't so.

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00:15:29,400 --> 00:15:33,280

There are areas of the opinion that ghosts are merely spirits that have not accepted

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00:15:33,280 --> 00:15:38,040

the fact that they had to leave the earthly plane. He also believes ghosts roam most

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00:15:38,040 --> 00:15:43,400

houses or buildings. We just don't know about them because they are quiet.

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00:15:43,400 --> 00:15:48,760

Only when they become active do people sense this like doors banging, TVs clanking on and

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00:15:48,760 --> 00:15:53,400

off, changing channels. Then they think oh my God it's going to come out of the wall

149

00:15:53,400 --> 00:15:56,040

and get me.

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00:15:56,080 --> 00:15:59,840

There's reassurance in the fact that most spirits are harmless and have no intention

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00:15:59,840 --> 00:16:04,840

to make life difficult for people. In fact they are often around us for our own well-being.

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00:16:04,840 --> 00:16:10,480

Well the spirit is preferably content on the other side but he feels he has to stay to

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00:16:10,480 --> 00:16:16,960

nurture and to comfort the one on the living side.

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00:16:16,960 --> 00:16:21,360

When sudden inexplicable things occur in houses, Harry and a team of experts are normally

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00:16:21,360 --> 00:16:25,800

called to investigate. The investigation is a team effort.

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00:16:25,800 --> 00:16:31,520

We usually use a team of people between four and eight and each one of these has a different

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00:16:31,520 --> 00:16:37,800

specialty. Some can see, some can hear, some can sense.

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00:16:37,800 --> 00:16:41,800

Everybody in the team is essential to gather any information on the strange phenomena.

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00:16:41,800 --> 00:16:47,920

Some people can sense the present in spirit but not see it. Some people can see it and

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00:16:47,920 --> 00:16:53,240

not sense it. I can walk into a residence and see if there is anybody there or if there

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00:16:53,240 --> 00:16:59,040

is anybody there. They can appear any way that they want to. They can appear as a last

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00:16:59,040 --> 00:17:05,360

in their physical life or they can appear as a cloud except the spirit individual.

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00:17:05,360 --> 00:17:11,360

It is more than curiosity that moves people to call Harry to investigate any spirit presence

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00:17:11,360 --> 00:17:19,880

in their house. We tell them what they, who is there and why they're there. Most of the

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00:17:20,000 --> 00:17:25,440

time they are there but they behave themselves the spirit that is.

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00:17:25,440 --> 00:17:29,920

Even with the knowledge that spirits are around us and present in our houses, it is only when

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00:17:29,920 --> 00:17:35,120

these spirits become troublesome that a de-haunting becomes necessary. The process to remove these

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00:17:35,120 --> 00:17:41,960

spirits is far easier than we believe. Well we ask it to leave. Simple as that.

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00:17:41,960 --> 00:17:49,360

Would you mind leaving? There is no ceremony, there is no ritual that we go through. We

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00:17:49,440 --> 00:17:54,440

simply ask it to leave. And why would a spirit say it wasn't wanted anyhow?

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00:17:54,440 --> 00:17:59,980

One of the most notorious cases of spirit investigation is the John John case in Los

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00:17:59,980 --> 00:18:05,040

Angeles. Strange things occurred in and around the house. The only thing left to do was to

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00:18:05,040 --> 00:18:10,840

call a team of spirit investigators. Something completely unexpected happened.

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00:18:10,840 --> 00:18:15,880

It started out where they were taking Polaroid pictures and by accident one of them asked

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00:18:15,920 --> 00:18:22,680

questions. And when the Polaroid picture was developed there was an answer there.

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00:18:22,680 --> 00:18:27,920

The phenomena of ghosts leave us with little proof and sometimes just the idea that it

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00:18:27,920 --> 00:18:33,600

was all a hallucination. The only physical proof is what they give us, like the pictures

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00:18:33,600 --> 00:18:38,640

with the writing on them. What's the chance that you would get that exact answer with

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00:18:38,640 --> 00:18:44,120

that exact picture at that exact time? Impossible.

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00:18:44,240 --> 00:18:49,040

Over the years Harry has built up a collection of voice recordings, those of spirits. At

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00:18:49,040 --> 00:18:53,160

the time of the recording the investigators wouldn't hear the voices but when the tape

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00:18:53,160 --> 00:18:57,640

is played back on the recorder the ghost voices are distinct and definite in their answers.

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00:18:57,640 --> 00:19:07,640

The child's grace and sitting on top of this grace was the spirit form of a child. When

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00:19:08,080 --> 00:19:15,080

we put the tape back down to him he pulled it almost out of our hands and we get this

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00:19:15,520 --> 00:19:22,520

little whisper, I'm scared. The critics have found every possible excuse to disprove the

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00:19:24,560 --> 00:19:31,560

existence of spirits. They can always find skeptics to criticize everything in life,

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00:19:31,600 --> 00:19:37,040

even death. You would think that Harry's job is horrifying but in fact he enjoys it. He

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00:19:37,040 --> 00:19:41,280

sees it as his mission in life to prove to people that there is nothing to be frightened

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00:19:41,280 --> 00:19:47,780

about. We do this work for nothing as a public service. The more proof we can gather the

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00:19:47,780 --> 00:19:53,780

better we feel we can serve the public. We do leave them with an idea that hey maybe

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00:19:53,780 --> 00:19:59,680

there is something more to life than life. Harry views the spirit world as a natural

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00:19:59,680 --> 00:20:04,460

part of our lives. He believes that it is the physical part of existence that is merely

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00:20:04,460 --> 00:20:09,620

temporary. We have all as many lives and we've got all as many more. The other reason

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00:20:09,620 --> 00:20:14,820

that we're here is to learn certain lessons, certain goals that we cannot learn on a nonphysical

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00:20:14,820 --> 00:20:21,100

reality such as the spirit dimension. Ghosts and apparitions have given rise to legends

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00:20:21,100 --> 00:20:25,700

and have created their own place in history. Maybe we can learn to accept ghosts as part

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00:20:25,700 --> 00:20:31,860

of our everyday lives. After all if we think about it what are ghosts but the mere shadows

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00:20:31,860 --> 00:20:48,780

of their former selves. The power of thought and communication transcends our own awareness

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00:20:48,780 --> 00:20:55,580

in whatever form it chooses to take. I'm Patrick Magney. Join me next time for more mysteries,

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00:20:55,580 --> 00:20:57,380

magic and miracles.